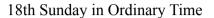


GLANMIRE PARISH

2nd August, 2015





St Joseph's Church	St Michael's Church
Mon - Fri10.00 am	Friday 9.20 am
Saturday (Vigil) 6pm	
Sunday 9.00; 10.30, 12.00	Sunday 10.00 am

St Joseph's Church Adoration Monday night $8.30~\mathrm{pm}-9.30~\mathrm{pm}$. Fri $10\mathrm{am}-10\mathrm{pm}$. St Michael's Church Thursday $10~\mathrm{am}-\mathrm{Noon}$

Fr John Newman Tel.087. 2485684, Fr John Heinhold Tel.087 1689292. Parish mobile. 086.8168668 Parish website:www.glanmireparish.ie/Parish office open Tues. Wed. & Thurs. 10 am to 1 pm. Tel:4820654

The Bread of Life

In today's Gospel, Jesus speaks about food. The two biggest sellers in any bookstore, according to Andy Rooney of 60 Minutes fame, are the cookbooks and the diet books. The cookbooks tell us how to prepare the food, and the diet books tell us how not to eat any of it.

Orson Wells once said, "My doctor has advised me to give up those intimate little dinners for four, unless, of course, there are three other people eating with me." Champion archer Rick McKinney confesses that he regularly eats chocolate chip cookies for breakfast. He refers to "the basic four food groups" as a Big Mac, fries, a shake and a lemon tart.

A scientist has computed that the average human being eats 16 times his or her own weight in an average year, while a horse eats only eight times its weight. This all seems to prove that if you want to lose weight, you should eat like a horse. That's a subject most of us know too much about.

One of the great masterpieces of fiction was the Spanish satire by Cervantes, about Don Quixote. In it we read how the absurdly chivalrous hero, followed by his squire Sancho Panza, set out to perform deeds of bravery and win the admiration of all the Spanish ladies. Quixote was so open to adventure that he decided to go wherever his horse Rosinante would lead him. But the horse, once given free rein, naturally returned to the place it knew best, its own stable.

Jesus speaks of himself in the gospel as the bread of life: "I am the bread of life. Whoever comes to me will never be hungry." If we come to him and remain with him our deepest hungers and thirsts will be satisfied. Unlike those who abandoned Jesus when no more bread was forthcoming, we must persevere as his faithful followers.

An Hour with Jesus for Young People

Poor Clare Monastery, College Road Saturday 8th August at 7 pm. Rev Fr Marius O'Reilly, U.C.C. Chaplin.

Death: Sincere sympathy to the family, relatives and friends of Peter Power, Fermoy who died on July 20th.

A meeting will take place on Monday 10th August at 7.30 pm in St Michael's Church to present proposed renovations to the grounds, sacristy and church. All welcome.

Parish accounts are available on the table, accounts were prepared by Parish Secretary, Eileen McCarthy, overseen by Kevin Whooley of the Finance Committee and audited by Lucey & Associates, Accountants and Registered Auditors. Audited accounts have now been forwarded to the Diocesan Office

<u>Youth 2000 Summer Festival August 13th-16th,</u> Cistercian College, Roscrea.

For young people aged 16-35, an opportunity not to be missed to experience the Catholic faith and meet many new people. The festival is donation only. For more information and to book on line see www.youth2000.ie or tel: 01 6753690. Free buses available from all around Ireland.

SMA Pilgrimage to Lourdes $17^{th} - 22^{nd}$ September. Flight from Cork.

Priest Leader: Fr Hugh B Harkin SMA. For further information contact Fr Hugh B Harkin, SMA Blackrock Road, Cork tel: 021 4292871.