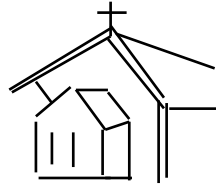




GLANMIRE PARISH

12th August 2018



19th Sunday in Ordinary Time.

Wednesday 15th August is the Feast of the Assumption of The Blessed

Virgin Mary.

It is a Holyday of obligation

St Joseph's Church	St Michael's Church
Monday, Tues, Thurs & Fri 10 am Wednesday 10 am & 7.30 pm	Wednesday 11.00 am
Saturday Vigil 6 pm Sunday 9.00, 10.30; 12.00	Sunday 10.00 am

St Joseph's Church Adoration Mon night 8.30 pm – 9.30 pm. Fri 10am – 10 pm

St Michael's Church Thursday 10 am – Noon

Fr John Newman Tel.087-2485684. Fr Pat Nugent 087 0518239
 Parish website: www.glanmireparish.ie/ Email: office@glanmireparish.ie
[www.facebook.com/Glanmire CatholicParish/](https://www.facebook.com/GlanmireCatholicParish/)
 Parish office open Tues Wed & Thurs. 10 am to 1 pm.
 Tel: (021) 4820654 email: [office @glanmireparish.ie](mailto:office@glanmireparish.ie)

I am the bread of life

Two big sellers in book shops are cookbooks and diet books. The cookbooks tell us how to prepare food, and the diet books tell us how not to eat it.

Orson Wells once said, "My doctor has advised me to give up those intimate little dinners for four, unless, of course, there are three other people eating with me." Champion archer Rick McKinney confesses that he regularly eats chocolate chip cookies for breakfast. He refers to "the basic four food groups" as a Big Mac, fries, a shake and a lemon tart.

A California scientist has computed that the average human being eats 16 times his or her own weight in an average year, while a horse eats only eight times its weight. This all seems to prove that if you want to lose weight, you should eat like a horse!

During the winter of 1610, the population of British pilgrims who had sailed to Jamestown in the US went from about 500 people to about 60. While disease and American-Indians took some lives, most of the settlers simply starved. There were plentiful supplies of fish, oysters, frogs, fowl, and deer all around them. But these settlers from the city were not accustomed to obtaining food from the land. Hence, they starved!

Shortly after Columbus discovered America, rumours spread in Spain that the New World contained a fountain of youth. A sixteenth century Spanish explorer, Juan Ponce de Leon, first Governor of Puerto Rico, actually fitted out a ship and sailed to America to search for this legendary fountain. He never found it.

Cocoon is a 1985 American movie directed by Ron Howard about a group of elderly people rejuvenated by aliens. In the movie a group of senior citizens experienced a return to their youth when they bathed in a swimming pool used by aliens from another planet. Their experience prompted them to accept an invitation from the aliens to go back with them to their planet.

The "Eu" in Eucharist, as the Lord's Supper is often called, means "good," and "charis" is the root of our English word "caress." The Lord's Supper is the "good caress." In this Sacrament God comes to us spiritually and physically and touches us and says, "You are lovely and I love you." He alone touches and satisfies our deepest needs right now, right here.

Balance of €30 can now be paid at the office for the bus to the Phoenix Park on Sunday 26th August.

Deaths: Sincere sympathy to the families, relatives and friends of Eddie Fahy, Brooklodge and Marian Daly, Marwood Close whose funerals took place last week.

Off. 5 th Aug	St Joseph's	€970	St Michael's	€249	Total € 1,219
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Opening Ceremony for the World Meeting of Families will take place in our Diocese on Tuesday 21st August at 7.30 pm in the Cathedral of Ss Mary and Anne, Cork. Bishop John Buckley will preside and he has invited Mgr Aidan O'Driscoll to preach the homily. All welcome.