

20th Sunday in Ordinary Time.

St Joseph's Church	St Michael's Church	
Monday - Friday 10 am 1 st Saturday Dev.9.45 & Mass 10am		
Saturday Vigil 6 pm Sunday 9.00, 10.30; 12.00	Sunday 10.00 am	

St Joseph's Church Adoration Mon night 8.30 pm – 9.30 pm. Fri 10am – 10 pm St Michael's Church Thursday 10 am – Noon

Fr John Newman Tel.087-2485684. Fr Pat Nugent 087 0518239 Parish website:www.glanmireparish.ie/ Email:office@glanmireparish.ie www.facebook.com/Glanmire CatholicParish/ Parish office open Tues Wed & Thurs. 10 am to 1 pm. Tel: (021) 4820654 email:office @glanmireparish.ie

Eat as much as you like and never get fat

This 85-year-old couple, having been married almost 60 years, had died in a car crash. They had been in good health for the last ten years, mainly due to their interest in healthful food and exercise. When they reached the Pearly Gates, St Peter took them to their mansion, which was decked out with a beautiful kitchen, a master bath suite and a Jacuzzi. As they "ooohed and aaahed," the old man asked Peter how much all this was going to cost. "It's free," Peter replied, "this is Heaven."

Next, they went to see the championship golf course that their heavenly

home backed up to. St Peter told them they would have golfing privileges every day. The old man asked, "How much are the green fees?" Peter's reply, "This is Heaven; you play for free."

Next, they went to the clubhouse and saw a lavish buffet laid out for them. "How much does it cost to eat?" asked the old man. "Don't you understand yet? This is Heaven! It's free!" Peter replied. "Well, where are the low fat and low cholesterol foods?" the old man asked timidly. Peter smiled and said, "That's the best part...you can eat as much as you like of whatever you like, and you never get fat and you never get sick. This is Heaven." The old man looked angrily at his wife and said, "You and your bran muffins! I could have been here ten years ago!"

Stations for the Autumn will begin in September. If you would like to host a Station Mass for your area please contact the office.

Fr Martin Barry would like to welcome his friends and supporters to a thanksgiving Mass on Wednesday 19th September in St Joseph Church. He will report on his work for 50 years in Africa with a slide show, tea and sandwiches in the Parish Centre after Mass.

There's a St Vincent de Paul collection next weekend, Sat 1st/Sunday 2nd September.

Cork Autism Conference 2018 – Re-Thinking Autism – A positive and Integrative Approach, Sunday 30th September, Rochestown Park Hotel, Douglas. Conference provides a unique forum for Parents, Families, Caregivers, Adults with ASD, Employers, Educators, Professionals, Agencies, Advocates and anyone with an interst in autism and aspergers syndrome. More info: <u>www.bookwhen.com/corkautism or call 089</u> <u>2398900</u>.

Our Lady of the Sacred Heart Novena, Sacred Heart Church, Western Road. August 31st to Sept 8th. Daily 10 am and 8 pm.

The theme of our Novena is "The Church on the Street; Living the Gospel today".

1st Friday/1st Saturday Vigil of Adoration and Reparation, Church of the Real Presence, Curraheen. 8 pm Rosary, 1st Friday Mass 9.30 pm, 1st Saturday Mass (Midnight Friday). Vigil ends 3 am. All Welcome